

ISA

Physical Education

Interscholastic Programme

AIMS AND OBJECTIVES

The aim of the programme is to develop the students athletic skills and team play. Our objectives place emphasis on co-operation, team work and dedication from the students. We aim to develop individual skills; team performance; leadership qualities and school spirit through competition with local and International schools abroad. Above all, we encourage involvement and FUN!

SPORTS OFFERED THROUGHOUT THE YEAR

1. Junior Varsity Girls Volleyball
2. Junior Varsity Boys Volleyball
3. Senior Varsity Girls Volleyball
4. Senior Varsity Boys Volleyball
5. Junior Varsity Girls Soccer
6. Junior Varsity Boys Soccer
7. Senior Varsity Girls Soccer
8. Senior Varsity Boys Soccer
9. Under 14's Boys Soccer
10. Under 14's Girls Soccer
11. Junior Varsity Girls Basketball
12. Junior Varsity Boys Basketball
13. Senior Varsity Girls Basketball
14. Senior Varsity Boys Basketball
15. Middle School Volleyball
16. Cross Country Running

OTHER SPORTS EVENTS

Water Sports Weekend at Poros
3 on 3 Basketball Tournament at ISA
Intramurals (ISA)
Sports Ceremony/Banquet
Beach Volleyball Tournament at Schinas
Beach Soccer Tournament at Schinas

CLUBS

1. Volleyball- Boys and Girls
2. Soccer- Boys and Girls
3. Basketball- Boys and Girls
4. Badminton/Short tennis
5. Rugby

Sports Schedule

FALL SEASON September - November (Volleyball and Soccer)

Try-Outs - September

1. JV Boys and Girls Volleyball
2. SV Boys and Girls Volleyball
3. JV Boys and Girls Soccer
4. SV Boys and Girls Soccer
5. Cross Country Running

The Volleyball and Soccer seasons begin in September and end in November.

WINTER SEASON January - March (Basketball and Soccer)

Try-Outs - January

1. JV Boys and Girls Basketball
2. SV Boys and Girls Basketball
3. Under 14's Boys and Girls Soccer

The Basketball season begins in January and ends in March.

SPRING SEASON March-April-May (Track and Field) MS Volleyball

1. Middle School Volleyball
2. Track and Field

POLICIES AND PROCEDURES

1. The students must attend TRY-OUTS to be able to become a member. The try-outs are announced in the bulletin.

A minimum of eight players are required to make a volleyball and basketball team, and twelve for a soccer team. If the number is not fulfilled, the interscholastic sport will be cancelled.

2. The ISA team members serve as the ambassadors of our school. They must always show good sportsmanship, fair play and team spirit.
3. Students must be under 16 years old to play in a JV team and under 19 years old to play in a SV team. Highly skilled JV players can also be members of the SV teams.
4. Students receive a Master Schedule which lists all the friendly games and tournaments schedules with other International Schools in Athens. The master schedule will include the *DATES, LOCATION AND ALL THE SPORTING EVENTS* that take place throughout the season. It will also state the practice days of each team and the coach's name.
5. Team practices are twice a week for example
Monday and Wednesday
or
Tuesday and Thursday
6. Students are permitted to miss a maximum of three practices throughout the season. If they are not dedicated, they can continue to practice, but they cannot take part in the tournaments.

7. A practice will be cancelled if most of the members of the team cannot attend.

8. The Senior Varsity teams have one tournament abroad (Europe). Students who join the team must be willing to compete and travel abroad, and do all the necessary preparations for those tournament.

Information with specific travelling details will be given, and students must meet all the deadlines.

9. Students who take the bus to school and back, are given taxi money on practice days, friendly games and tournaments.

10. Students have the opportunity to serve as team managers and provide assistance to the coaches.

At the end of the year, a Sports Banquet/ Ceremony will take place to present awards to our athletes, assistants and coaches.

For any additional information, please do not hesitate to see us personally or contact us by phone. We are looking forward to your co-operation and support towards another successful athletic year.

John Vradis
Athletic Department