

OPENING PAGE

- campus /ˈkæmpas/ (n) land and buildings that belong to a college or university: πανεπιστημιούπολη, εγκαταστάσεις (πανεπιστημίου / κολεγίου) Most first-year students live on the college campus.
- admissions office place at a college or university that deals with accepting students: γραμματεία όπου γίνονται μόνο εγγραφές σπουδαστών (σε πανεπιστήμιο)

 Send your completed forms to the college admissions
- dorm room room in a building on a college campus where students live: δωμάτιο (σε φοιτητική εστία) Susan shared her dorm room with a student from Japan.
- Jecture hall /ˈlektʃər hɔːl/ (n) large room, usually in a college or university, where classes are held: αίθουσα διαλέξεων

 More than 100 students are taking this course, so classes are held in a lecture hall.
- student center school building with recreation activities for students: φοιτητική λέσχη Denise often meets friends at the student center in between classes.
- fill (out) /fil/ (v) write or enter information in the spaces provided on a form: συμπληρώνω (έντυπο, αίτηση κ.λπ.)

 This form is complicated, so I need help filling it out.
- application /æplɪˈkeɪʃn/ (n) form used to make a request: αίτηση
 Kay has started filling out college applications.
 Der: applicant (n): αιτών, υποψήφιος
- : **register** /'redʒɪstər/ (v) put information about someone, especially a name, on an official list: εγγράφομαι Jeff has just registered for a photography class. Der: **registration** (n)

course /kɔ:rs/ (n) series of lessons about a subject: μάθημα, θεματική ενότητα (σε πανεπιστήμιο ή κολέγιο)

Paul is taking a cooking course.

take notes write down some words quickly to help you remember things: κρατάω σημειώσεις At university, students usually take notes during lectures.

meet a deadline do what is required by a certain date: τηρώ μια προθεσμία

Haley had to work late last week to meet a deadline.

consider /kənˈsɪdər/ (v) think of someone or something in a particular way: θεωρώ *Plato is considered one of the most important thinkers of all time.*

Der: consideration (n): σκέψη, μελέτη considerable (adj): σημαντικός, μεγάλος

- i.13 (college) graduate /'grædʒuat/ (n) person who has graduated from college / university: απόφοιτος / πτυχιούχος (κολεγίου) Tino is a recent college graduate, and she just got her first job.
- 1.14 hang out /hæŋ aut/ (v) spend time with someone: συχνάζω, κάνω παρέα My friends and I hang out at the beach on summer evenings.
- 1.15 apply (to / for something) /a'plat/ (v) make a formal request, usually in writing: κάνω αίτηση (σε / για κάτι) More than 20 teens applied for the job at the new store.

 Der: application (n) applicant (n)

apply /a'plat/ (v) use a method, law, or process in a particular situation: εφαρμόζω I applied what I learned in class to solve the math problem.

Der: application (n): εφαρμογή, χρήση

- 1.16 hand in /hænd m/ (v) give work to an instructor for review: παραδίδω (εργασία, γραπτό κ.λπ.) You must hand in your project by next Friday.
- assignment /əˈsaɪnmənt/ (n) task that someone is required to do: εργασία (για μάθημα)
 My assignment for English class is to prepare a speech about a hobby.
 Der: assign (v): αναθέτω
- 1.18 **facilities** /fəˈsɪlətiz/ (pl n) equipment and services that are available in a place: εγκαταστάσεις Our school has great sports facilities.
- 1.19 **earn a degree** get a degree from a college or university after completing a course of study: παίρνω πτυχίο

 My brother earned a law degree from an excellent university.
- 1.20 **semester** /st'mestər/ (n) one half of the academic year: (ακαδημαϊκό) εξάμηνο I studied in Spain last semester, and my Spanish improved.
- 1.21 **graduate** /ˈgrædʒueɪt/ (v) get a diploma or degree from a high school, college, or university: αποφοιτώ Ella graduated from the University of Athens in 2018. Der: graduate (n)
- 1.22 **pursue** /pərˈsuː/ (v) do in order to achieve somethi ακολουθώ, «κυνηγώ»

 Charles wants to pursue a career in medicine.
- higher education /haɪər edʒuˈkeɪʃn/ (n) learning a college or university: τριτοβάθμια εκπαίδευση You need to complete high school before you can go to higher education.

1.24 vocational training courses that focus on job skills; втоууе) џатикի екпайвалап Воб needs vocational training before he can get a job as an auto mechanic.

READING Before You Read

- retain /ri'teɪn/ (v) continue to keep or remember: συγκρατώ, διατηρώ It's hard for me to retain new information when I'm tired.
- 1.26 environment /in'vairanmant/ (n) conditions that affect your growth, health, or progress: περιβάλλον Kate grew up in a loving environment.

 Der: environmental (adj)
- focus /ˈfaukas/ (v) concentrate: συγκεντρώνομαι
 There was so much noise in the room that I couldn't
 focus.

focus (on) /'faukas/ (v) have as the main emphasis: επικεντρώνομαι (σε) The report focuses on the important points, not the

details.

Der: focus (n): επίκεντρο, συγκέντρωση focused (adj): συγκεντρωμένος

- 1.28 **sibling** /ˈsɪblɪŋ/ (n) brother or sister: αδερφός, αδερφή

 He has four siblings two brothers and two sisters.
- notivate /ˈməutrveɪt/ (v) make someone really want to do something: παρακινώ

 Dan's teacher motivated him to try harder in English class.

Der: motivation (n): κίνητρο motivated (adj): ενθουσιώδης, με κίνητρο motivating (adj): ενθαρρυντικός, που δίνει κίνητρο

- 1.30 **soft** /sɔ:ft/ (adj) not loud: απαλός
 At many stores, there is soft music playing in the background.
- 1.31 **beneficial** /benɪˈfɪʃl/ (adj) having a useful or helpful effect: ωφέλιμος, ευεργετικός Sleeping eight hours a night is beneficial to your health. Der: **benefit** (n): όφελος
- no matter (which / what) not making a difference: ανεξάρτητα από (ποιος / τι)
 I'm going to buy those red shoes no matter what you say.
- 1.33 **peer** /pɪr/ (n) person in the same age or social group: συνομήλικος
 Anne plays tennis better than most of her peers.
- .34 take turns do something one after the other: (κάνω κάτι) εναλλάξ
 Dan and his brother took turns riding the bike.
- material /məˈtɪriəl/ (n) 1. facts or information that you need for study or work purposes: ὑλη (μαθημάτων)
 There is a lot of material to study for the test.
 something that is used to make things: υλικό Karen is going to use this material to make her wedding dress.

1.36 store /sto:r/ (v) put something in a safe place until you need to use it: αποθηκεύω Always store ingredients like sugar and flour in a dry place.

TEXT 1

- effectively h'fektroli/ (adv) in a way that works well and gets the intended result: αποτελεσματικά The artist used color effectively in her paintings. Der: effect (n) effective (adj)
- 1.38 study /stʌdi/ (n) research project done to learn more about a topic: έρευνα, μελέτη
 The scientists are doing a study about bird flight.
- n.39 observe /ab'z3:rv/ (v) see or notice: παρατηρώ, παρακολουθώ
 I like sitting outside and observing people who walk by.
 Der: observation (n): παρατήρηση
 observer (n): παρατηρητής
- 1.41 merely /ˈmɪrli/ (adv) nothing more than: απλώς Andy sees his job merely as a way to make a living.
- 1.42 the short term /δi ∫ɔ:rt 'tɜ:rm/ (n) short period of time: το άμεσο μέλλον, μικρό χρονικό διάστημα Gas prices are expected to rise in the short term.
- apparently /əˈpærəntli/ (adv) seems to be: προφανώς Apparently, the audience thinks the movie is funny. Der: apparent (adj)
- review /rɪ'vju:/ (v) study; check again: κάνω επανάληψη
 The teacher told us to review the material for the exam.
 Der: review (n)
- internalize /ɪnˈtɜ:rnəlaɪz/ (v) accept an idea, opinion, or belief so that it becomes part of who you are: υιοθετώ / κάνω κτήμα μου (ιδέες, γνώσεις κ.λπ.)
 Young children often internalize their parents' beliefs.
 Der: internal (adj): εσωτερικός
- to do things well: σιγουριά, εμπιστοσύνη (στον εαυτό μου)
 She is very talented, but she doesn't have much confidence.

 Der: confident (adj)
- 1.47 **provide** /prəˈvaɪd/ (v) give somebody something or make available: παρέχω, προσφέρω

 The hotel provided the guests with extra towels.
- 1.48 **opportunity** /α:pər'tu:nəti/ (n) a time when it's possible to do or achieve something: ευκαιρία We had the opportunity to take a long vacation during the summer break.

- alternatively /s:l'ts:rnstrvli/ (adv) used to make another suggestion: evo)\saktik\u00e0 We could go out to eat or alternatively, see what's playing at the movie theater. Der: alternative (adj)
- one-on-one /wʌn ɑːn ˈwʌn/ (adj) involving two people dealing with something directly: ένας με έναν, ατομικός Let's have a one-on-one meeting to discuss the project.
- instruction /ɪnˈstrʌkʃn/ (n) process of teaching or training in a particular subject or skill: διδασκαλία You can learn a lot online, but there are advantages to classroom instruction.
 - instructions /in/strakfnz/ (pl n) group of statements explaining how to do something: οδηγίες Let's read the instructions before we play the game.

 Der: instructor (n): εκπαιδευτής, δάσκαλος instruct (v)
- variation /veriˈeɪʃn/ (n) change or difference in a level, amount, or quantity: παραλλαγή, διαφοροποίηση There is a wide variation in the price of cell phones.
- suitable /'su:tabl/ (adj) appropriate for a particular purpose or event: κατάλληλος
 This book is suitable for young readers.
 Der: suit (v): ταιριάζω
 Opp: unsuitable (adj)
- reap (the benefits) /ri:p/ (v) enjoy the good things that happen as a result of something: αποκομίζω (τα οφέλη)
 I hope we'll reap the benefits of those extra practices at the game tomorrow.
- argue /ˈɑːrgjuː/ (v) give the reasons for or against something: υποστηρίζω, ισχυρίζομαι It could be argued that video games are bad for teenagers, but that's not always true.

 Der: argument (n): επιχείρημα
- 1.56 **recommend** /rekəˈmend/ (v) suggest that you would find a person or thing good or useful: προτείνω Anna recommended this book to me.

 Der: **recommendation** (n)
- 1.57 **promote** /prəˈməut/ (v) take actions that encourage something to happen or develop: προωθώ, στηρίζω Harry worked hard to promote the plan for a new park. Der: **promotion** (n)
- 1.58 **reject** /rɪ'dʒekt/ (v) refuse to believe or accept someone or something: απορρίπτω

 Dave tried out for the swimming team, but he was rejected.

 Der: rejection (n)
- setting /ˈsetɪŋ/ (n) place where something is or happens: σκηνικό, περιβάλλον
 A garden is the perfect setting for a summer wedding.
 Der: set (v): τοποθετώ, βάζω

- i Ar envy /'envi/ (v) want what someone else has Enkesiu Jone envies her older Brother Berduse he got a part in the school play.

 Der: envious (adi)
- 1 62 gain (yem) (v) get or benefit: κερδίζω, αποκτώ Mindy golhed experience working as a research assistant. Der: gain (n)

TEXT 2

- 1.63 overwhelming /auvar'welmin/ (adj) so powerful that you cannot decide how to deal with: αβάσταχτος, αφόρητος The number of cooking shows on TV is overwhelming, and it's hard to know what to watch.
- 1.64 factor /ˈfæktər/ (n) something that causes or influences something else: παράγοντας More than one factor can affect your health.
- 1.65 lead to /li:d tu/ (phr v) cause or result in: οδηγώ σε Smoking cigarettes can lead to health problems.
- trend /trend/ (n) general development or change in a situation: τάση
 Recently, there's been a trend toward working from home.
 - Der: trendy (adj): της μόδας
- estimate /ˈestɪmeɪt/ (v) guess based on information you have about the size, amount, or cost of something: υπολογίζω, εκτιμώ
 We estimate that the price of flights to New York this summer will be more than \$1,000.
 Der: estimate (n): υπολογισμός, εκτίμηση
- 1.68 **approximately** /a'prɑ:ksɪmətli/ (adv) close to a number or time, but not exactly: κατά προσέγγιση, περίπου
 - It'll take approximately three days to paint the house.
- bachelor's degree /ˈbætʃələrz digri:/ (n) degree that is given to a student, usually after four years of study: πτυχίο (πανεπιστημίου)
 Bill will graduate from college with a bachelor's degree in chemistry.
- field /fi:ld/ (n) 1. area in which someone works or studies: τομέας, κλάδος
 Dr. Butler is a philosophy professor and is well known in her field.
 2. an area, usually covered with grass, used for playing sports: γήπεδο (ποδοσφαίρου κ.λπ.)
 The players left the field quickly after their team lost the game.
- 1.71 **enroll** (in) /ɪnˈrəʊl/ (v) become a member or participant of something: εγγράφομαι (σε)

 Over 50 students have enrolled in the new acting course.

 Der: enrollment (n)
- 1.72 **popularity** /pɑ:pjuˈlærəti/ (n) state of being liked by a lot of people: δημοτικότητα

 The actor's popularity increased after his last movie.

 Der: **popular** (adj): δημοφιλής
- 1.73 (a wide) **range of** large variety of things of a particular type: (ευρύ) φάσμα, (μεγάλη) ποικιλία από *The menu includes a wide range of dishes*.

- 1.74 finance /ˈfaɪnæns/ (n) activity of managing money: χρηματοοικονομικά Rita has a degree in finance and is now working at a bank.
 Der: financial (adj): οικονομικός
- 1.75 accounting /aˈkaurɪtɪŋ/ (n) system for keeping the financial records of a business or person: λογιστική Ben needs to learn more math before studying accounting.

 Der: accountant (n): λογιστής
- 1.76 benefit /ˈbenɪfɪt/ (v) receive help or an advantage; be useful to: ωφελώ, -ούμαι The garden benefited from the rain. Der: benefit (n) beneficial (adj)
- 1.77 **diversity** /daı'vɜːrsəti/ (n) many different types of things or people; a variety: ποικιλία

 There is a lot of cultural diversity in most big cities.

 Der: **diverse** (adj)
- job prospects possibilities to apply for or get a job: επαγγελματικές προοπτικές Getting a college degree can help you improve your job prospects.
- potential /pəˈtenʃl/ (n) the ability and qualities necessary to successfully become or do something in the future: δυνατότητες Rob has the potential to become a world-class musician one day.
- 1.80 **earn a salary** money received each week or month for doing your job: κερδίζω μισθό Steve earns a salary from his job at the restaurant.
- 1.81 **relatively** /'relativli/ (adv) somewhat: σχετικά, συγκριτικά *The new computer system is relatively easy to use.*
- 1.82 in demand needed or wanted by a lot of people: περιζήτητος, σε ζήτηση Concert tickets for popular singers are always in demand.
- 1.83 job security the ability to work in your job as long as you want without becoming unemployed: επαγγελματική ασφάλεια Alice may not earn a high salary, but she has job security.
- 1.84 **draw** (to) /drɔ:/ (v) attract or interest: προσελκύω (vα), έλκω People are drawn to Kate because she's charismatic.
- 1.85 **soft skills** /ˈsɔːft skɪlz/ (n) qualities that help you communicate and work well with others: κοινωνικές και προσωπικές δεξιότητες (οριζόντιες δεξιότητες) Mary's soft skills made her a valuable team member.
- 1.86 extensive /ik'stensiv/ (adj) large in amount or degree: πολύ μεγάλος, εκτενής
 There was extensive damage to our home after the storm.
 Der: extend (v): επεκτείνω
- accurately /ˈækjərətli/ (adv) correctly and without mistakes: με ακρίβεια
 l'm not sure this watch tells time accurately.
 Der: accurate (adj)

- differ (from) /'dɪfər/ (v) be unlike: διαφέρω (από)

 American English differs from British English in many
 ways.
- 1.89 enable /i'ncibl/ (v) make possible: δίνω τη δυνατότητα, επιτρέπω Working together will enable us to get the job done quickly.
- face /fers/ (v) deal with or accept: αντιμετωπίζω Kevin has to face the truth – his relationship with Beth is over.
- tests your abilities: πρόκληση
 Playing soccer in the top league was the biggest challenge of Marc's career.

 Der: challenging (adj): απαιτητικός, δύσκολος
- reach a decision make a decision or agree about something: φτάνω σε / λαμβάνω μια απόφαση Has Chris reached a decision about where he'd like to study next year?
- 1.93 vital /ˈvaɪtl/ (adj) very important: πολύ σημαντικός, καθοριστικός Eva played a vital role in organizing the music festival.
- 1.94 needless to say used to emphasize that what you are saying is already known or understood: περιττό να πει κανείς
 Jake broke his leg, so needless to say, he won't be running in the marathon next week.
- 1.95 **guarantee** /gærən'ti:/ (v) make sure or promise something will happen: εγγυώμαι This company guarantees customer satisfaction.

 Der: guarantee (n)
- 1.96 **demonstrate** /'demanstreIt/ (v) prove by showing examples: δείχνω

 This painting demonstrates her ability as an artist.

 Der: **demonstration** (n): παρουσίαση, επίδειξη
- above all most importantly: πάνω από όλα Mike enjoys basketball and football, but above all, he loves tennis.
- 1.98 (do for) **a living** have as a paying job: (κάνω) δουλειι (βγάζω) τα προς το ζην Baking is not Jack's hobby – it's what he does for a livir
- aspect /ˈæspekt/ (n) particular part, feature, or qual of something: πλευρά, άποψη Your health can affect every aspect of your life.
- 1.100 **opt** (for) /ɑ:pt/ (v) choose one from a number of things: επιλέγω, προτιμώ

 If I had a choice, I'd opt for a vacation in Western Canada.

Der: **option** (n) **optional** (adj): προαιρετικός

appealing /əˈpiːlɪŋ/ (adj) attractive or interesting: ενδιαφέρων, ελκυστικός
The idea of going on a sailing trip sounds appealing.

Der: appeal (n)
appeal (to) (v)

1.102 **refer to** /rɪˈfɜːr tu/ (phr v) mention, describe: αναφέρομαι σε *The numbers in this column refer to dollar amounts* Der: **reference** (n)

VOCABULARY From the Reading

EXERCISE 1

meaningful /'mi:nɪŋfl/ (adj) having importance or value: που έχει νόημα, σημαντικός We had a meaningful discussion about the project. Der: meaning (n): νόημα, σημασία mean (v): εννοώ, σημαίνω Opp: meaningless (adj): ανούσιος, χωρίς νόημα

pastime /'pæstaɪm/ (n) hobby; free-time activity: χόμπι, ενασχόληση Walking along the beach is my favorite pastime.

EXERCISE 2

position /pəˈzɪʃn/ (n) 1. job: θέση (εργασίας) I'm going to apply for the sales position at the store. 2. place where something or someone is, often compared to something else: στάση, θέση Vivian is sitting in an uncomfortable position.

1.106 upright /'Aprait/ (adj) being in a straight position: ευθύς, όρθιος Passengers were told to put their seats in an upright position before the plane took off.



EXERCISE 3

undergraduate /nndərˈgrædʒuət/ (adj) related to 1.107 university studies for a first degree: προπτυχιακός Marian will look for a job after she finishes her undergraduate degree.

Der: undergraduate (n): προπτυχιακός φοιτητής

typically / tɪpɪkli/ (adv) usually: συνήθως, κατά κανόνα

Teenagers typically send text messages instead of making phone calls.

Der: type (n): τύπος, χαρακτήρας typical (adj): τυπικός, χαρακτηριστικός

performance /pər'fɔ:rməns/ (n) 1. how well someone does an activity: επίδοση, απόδοση The team's performance in the finals was impressive. 2. appearance in front of an audience for entertainment: παράσταση The orchestra's performance was wonderful. Der: performer (n): καλλιτέχνης, ερμηνευτής perform (v)

relevant /'relevent/ (adj) connected to a topic or to 1.110 what is happening: σχετικός Only include relevant information in your answers to test questions.

require /rɪˈkwaɪər/ (v) need: απαιτώ, χρειάζομαι This school project will require a lot of hard work. Der: requirement (n): (απαραίτητη) προϋπόθεση

doctorate /'da:ktərət/ (n) highest university degree: 1.112 διδακτορικό (δίπλωμα) Tim earned a doctorate in psychology.

do research study a subject to discover new facts or test new ideas: κάνω έρευνα Professor Jones is doing research about ancient Egypt.

GRAMMAR

major in /meidgar in/ (phr v) have as a main subject of study: έχω ως βασικό πεδίο σπουδών, παίρνω ειδίκευση σε When I was in college, I majored in history.

demanding /di'mændıŋ/ (adj) difficult or requiring a lot of hard work: δύσκολος, απαιτητικός

The course is very demanding, but it's also interesting. Der: demand (n)

demand (v): anartú

attitude / ætrtu:d/ (n) the way you think or feel about someone or something: στάση, συμπεριφορά Having a positive attitude helps you deal with stress.

out of breath have difficulty breathing after making a physical effort: λαχανιασμένος I'm out of breath from climbing the stairs.

interchangeably /intər'tʃeindʒəbli/ (adv) can be used instead of each other: χωρίς διάκριση / διαφορι στη σημασία The words "fall" and "autumn" can be used interchangeably.

award /əˈwɔ:rd/ (v) give someone a prize, money, o 1.119 other reward for something they have done: απονέ (βραβείο κ.λπ.) Albert Einstein was awarded a Nobel Prize in Physics. Der: award (n)

attend /a'tend/ (v) go to or be present at a class, 1.120 meeting, etc.: παρευρίσκομαι σε, παρακολουθώ All students must attend the school sports day. Der: attendance (n): παρουσία, συμμετοχή

permit /pərˈmɪt/ (v) allow: αφήνω, επιτρέπω 1.121 Talking is not permitted during the exam. Der: permission (n): άδεια

public/'pablik/ (adj) supported with money from 1.122 government: δημόσιος There is a public swimming pool for residents in ou neighborhood.

private /'praivat/ (adj) belonging to or used by 1.123 specific group: ιδιωτικός Sandy goes to a private religious school.

institution /Insti'tu: (n/ (n) important organiz such as a university or bank: ίδρυμα This university is one of the most respected acac institutions in the country.

tuition /tulisn/ (n) money that is paid to a cc university, or private school: δίδακτρα My parents paid my college tuition.

scholarship /'ska:lərʃɪp/ (n) money given 1 someone to help pay for their education: u Lina received a scholarship to study abroad. Der: scholar (n): υπότροφος

assist /əˈsɪst/ (v) help: βοηθώ 1.127 The salespeople at this store are always har customers.